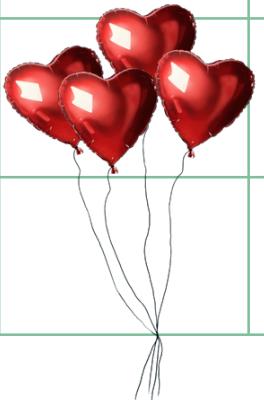


FEBRUARY 2026

HUNTINGTON POINTE FITNESS CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:00-9:50AM STRENGTH SEPTEMBER	8:30-9:20 AM YOGA SHARON J	8:30-9:20 AM CHAIR SCULPT SHARON S	8:30-9:20 AM AEROBICS BENY	8:30-9:20 AM 20/20/20 SHARON S
9:30-10:30 AM WATER AEROBICS JUDY	10:00-11:00AM WATER AEROBICS SEPTEMBER	9:30-10:30 AM WATER AEROBICS SEPTEMBER	9:30-10:30 AM WATER AEROBICS HAPPY	9:30-10:30 AM WATER AEROBICS AMY	10:00-11:00 AM WATER AEROBICS MICAH
			9:30-10:20 AM ZUMBA TOKIKO	10:00-10:50 AM LATIN CARDIO YESENIA	
1:00-1:50 PM TAI CHI BEBE	11:00-11:50 AM CHAIR YOGA ALEX	11:00-11:50 AM FUNCTIONAL FITNESS BENY	11:00-11:50 AM CHAIR YOGA LEIZA		
2:00-2:50 PM CHAIR TAI CHI BEBE			12:00-12:50 AM SENIOR PLUS CHAIR YOGA ALEX		
3:15-4:05 PM BALANCE JONATAN		4:15-5:05 PM BALANCE JONATAN		4:15-5:05 PM BALANCE JONATAN	

 Body Wellness®



"Love is composed of a single soul
inhabiting two bodies."

— ARISTOTLE

UPCOMING HOLIDAY CLASS CANCELLATIONS:

4/1 WEDNESDAY -
PASSOVER

4/3 FRIDAY -
GOOD FRIDAY

5/25 MONDAY -
MEMORIAL DAY

7/4 SATURDAY -
INDEPENDENCE DAY

9/7 MONDAY -
LABOR DAY

9/11 FRIDAY -
ROSH HASHANAH
(NO CLASSES AFTER 12:30PM)

9/12 SATURDAY -
ROSH HASHANAH

9/21 MONDAY -
YOM KIPPUR

11/25 WEDNESDAY -
PRE-TURKEY DAY

11/26 THURSDAY -
THANKSGIVING

11/27 FRIDAY -
THANKSGIVING (DAY AFTER)

12/24 THURSDAY -
CHRISTMAS EVE

12/25 FRIDAY -
CHRISTMAS DAY

12/31 THURSDAY -
NEW YEAR'S EVE

