

# MAY 2026

## HUNTINGTON POINTE FITNESS CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:00-9:50AM STRENGTH BW INSTRUCTOR		8:30-9:20 AM CHAIR SCULPT SHARON S	8:30-9:20 AM AEROBICS DONNA	8:30-9:20 AM 20/20/20 SHARON S
9:30-10:30 AM WATER AEROBICS JUDY	10:00-11:00AM WATER AEROBICS BW INSTRUCTOR	9:30-10:30 AM WATER AEROBICS SEPTEMBER	9:30-10:30 AM WATER AEROBICS HAPPY	9:30-10:30 AM WATER AEROBICS AMY	10:00-11:00 AM WATER AEROBICS MICAH
			9:30-10:20 AM ZUMBA TOKIKO	10:00-10:50 AM LATIN CARDIO YESENIA	
1:00-1:50 PM TAI CHI BEBE	11:00-11:50 AM CHAIR YOGA ALEX	11:00-11:50 AM FUNCTIONAL FITNESS BONNIE (EXT SUB)	11:00-11:50 AM CHAIR YOGA LEIZA		
2:00-2:50 PM CHAIR TAI CHI BEBE		12:00-12:50 PM YOGA SHARON J	12:00-12:50 PM SENIOR PLUS CHAIR YOGA ALEX		
3:15-4:05 PM BALANCE JONATAN		4:15-5:05 PM BALANCE JONATAN			

### UPCOMING HOLIDAY CLASS CANCELLATIONS:

- 5/25 MONDAY - MEMORIAL DAY
- 7/4 SATURDAY - INDEPENDENCE DAY
- 9/7 MONDAY - LABOR DAY
- 9/11 FRIDAY - ROSH HASHANAH (NO CLASSES AFTER 12:30PM)
- 9/12 SATURDAY - ROSH HASHANAH
- 9/21 MONDAY - YOM KIPPUR
- 11/25 WEDNESDAY - PRE-THANKSGIVING
- 11/26 THURSDAY - THANKSGIVING
- 11/27 FRIDAY - THANKSGIVING (DAY AFTER)
- 12/24 THURSDAY - CHRISTMAS EVE
- 12/25 FRIDAY - CHRISTMAS DAY
- 12/31 THURSDAY - NEW YEAR'S EVE



"May is the month of expectation, the month of wishes, the month of hope."  
— EMILY BRONTË

